



**Therapeutic Connections**  
SCHOOL of MASSAGE

# General Student Information Packet

## ALL SESSIONS

**Physical: 505 East 24<sup>th</sup> Ave. Spokane, WA 99203**

**Mailing: P.O. Box 8573. Spokane, WA 99203**

**Phone: (509) 230-2307**

**Email: [rebecca@tcmessageschool.com](mailto:rebecca@tcmessageschool.com)**

**Website: [www.tcmessageschool.com](http://www.tcmessageschool.com)**



## **PROGRAM TITLE & OBJECTIVE**

Therapeutic Connections School of Massage offers a program titled:

### ***“Professional Massage Therapist Program”***

The objective of this program is to provide knowledge of the human body, hands-on massage skills and in-class experience to create a foundation for students to succeed as a professional, ethical, and qualified massage therapist.

Students will receive a diploma and become a **“Certified Massage Therapist”** at the end of this program.

After graduation, students will take the **Massage and Bodywork Licensing Exam (MBLEX)** offered through the **Federation of State Massage Therapy Boards (FSMTB)**. Upon passing the exam, students will apply through the **Department of Health** to become licensed in the State of Washington. Upon receiving the proper license from the state, the graduate will become a **“Licensed Massage Therapist”** and be eligible to use the abbreviation LMT behind their signature, i.e. **Jane Doe, LMT**.

## **HYBRID PROGRAM DESCRIPTION** **TRAINING (ONLINE AND IN-PERSON)**

*\*ADAPTED TO COVID REGULATIONS*

### **WEEKLY**

- **Practice and Theory of Massage:** Hands-on Massage Trade
- **Therapeutic Massage Skills:** Hands-on Massage Trade
- **Anatomy and Physiology:** Musculoskeletal and Systems of the Human Body
- **Pathologies:** Musculoskeletal and Systems of the Human Body
- **Kinesiology:** Body movements, Body Mechanics, Assessment and Range of Motion
- **Business:** Business Journals, Professional Development, Client Communication, and Clinical/Business Practices
- **Student Clinic:** Practicing Massage Therapy in the Community

### ***Includes different learning styles:***

- Auditory, Visual, Kinesthetic, and Verbal

## **SCHOOL LICENSURE**

- Workforce Training Board **State Approved and Licensed**
- Washington Department of Health **State Approved**
- Federation of State Massage Therapy Boards (FSMTB) **Accepted**
- **Assigned** School by the National Certification Board for Therapeutic Massage and Bodywork (NCBTMB)



# Therapeutic Connections

SCHOOL of MASSAGE

## Program Classes: DAY OPTION

\*Classes are subject to change - current schedule is adapted for state regulations due to COVID-19

### Tuesday 8:30am – 2:30pm Hybrid (Online & In Person)

**Practice and Theory Hands-on:** The purpose of this course is to learn the professional and foundational skills for the direct application of massage therapy. Students will learn basic Swedish massage skills, client communication, assessment tools, and focus to **Kinesiology**.

**Musculoskeletal:** The purpose of this course is to identify and palpate the muscular, skeletal, and joint systems, and to learn and evaluate different musculoskeletal **Pathologies**.

### Wednesday 8:30am – 2:30pm Hybrid (Online & In Person)

**Practice and Theory Hands-on:** The purpose of this course is to learn the professional and foundational skills for the direct application of massage therapy. Students will learn basic Swedish massage skills, client communication, assessment tools, and focus to **Kinesiology**.

**Massage Lab:** The purpose of this course is to focus on kinesiology; movements related to the current muscles learned with an emphasis on common pathologies, deep tissue, injury treatment and range of motion.

**Applied Structure and Function:** The purpose of this course is to understand the structure and functions of the human body and how they relate to massage therapy, and to learn and evaluate different systemic **Pathologies**.

### Friday 8:30am – 11:30am 1day/Session Hybrid (Online & In Person)

**Professional Development Workshops:** The purpose of this course is to develop personal and professional skills to practice massage utilizing a current and effective business approach.

- Winter Session Workshop dates **January 22<sup>nd</sup>, 2021**
- Spring Session Workshop dates: **April 16<sup>th</sup>, 2021**
- Summer Session Workshop dates: **July 9<sup>th</sup>, 2021**
- Fall Session Workshop dates: **October 29<sup>th</sup>, 2021**



# Therapeutic Connections

SCHOOL of MASSAGE

## Program Classes: EVENING OPTION

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### Tuesday 5:30pm – 9:30pm Hybrid (Online & In Person)

**Practice and Theory Hands-on:** The purpose of this course is to learn the professional and foundational skills for the direct application of massage therapy. Students will learn basic Swedish massage skills, client communication, assessment tools, and focus to **Kinesiology**.

**Musculoskeletal:** The purpose of this course is to identify and palpate the muscular, skeletal, and joint systems, and to learn and evaluate different musculoskeletal **Pathologies**.

### Wednesday 5:30pm – 9:30pm Hybrid (Online & In Person)

**Practice and Theory Hands-on:** The purpose of this course is to learn the professional and foundational skills for the direct application of massage therapy. Students will learn basic Swedish massage skills, client communication, assessment tools, and focus to **Kinesiology**.

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## **PROGRAM EVENTS, SCHOOL PROJECTS & INTRODUCTION CLASSES**

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**School Project (outside of class):** The purpose of the school project is for students to receive massage from two different licensed massage therapists outside of the classroom

### **Onsite and Guest Speakers:**

- Human Anatomy Lab at WSU Medical School
- Introduction to Acupuncture
- Introduction to Chiropractic
- Introduction to Cupping
- Introduction to Thai Massage
- Introduction to Barefoot Massage
- Personal Injury Protections (PIP) Documentation and more!

## **PROGRAM STUDENT CLINICALS (Internship)**

### **Monday 12:00pm – 4:00pm (Fourth Session DAY Students)**

**Student Massage Clinic:** The purpose of student clinic is for students to provide massage therapy to people of the community and to acquire professional experience.

### **Monday 5:30pm – 9:30pm (Fourth Session EVENING Students)**

**Student Massage Clinic:** The purpose of student clinic is for students to provide massage therapy to people of the community and to acquire professional experience.

## **PROGRAM MAKE-UP HOURS AND/OR TUTORING**

### **Monday 8:30am – 11:30am**

**Credit Retrieval:** The purpose of this course is to retrieve credit hours when a student has missed more than three absences per class. \*This is only required for students who need make-up hours.