



Therapeutic Connections  
SCHOOL of MASSAGE

505 E. 24<sup>th</sup> Ave., Spokane, WA 99203

## STRUCTURAL RELEASE of the ABDOMINALS & PSOAS

**This series of courses** will teach the theory and techniques for structural realignment of the body. **The Abs & Psoas** will open the diaphragm and the entire abdominal cavity which will continue to balance the pelvis to bring the body into structural alignment.

The intent of the treatments is to balance the body into alignment with its environment, freeing the energy flow that will enhance the body's physiological and psychological function.

This can enable you to integrate and combine the conscious awareness of body, mind and spirit to facilitate advanced states of healing.

**During these workshops:** We will review the anatomical structure of the areas being taught, learn structural assessment for the areas, learn the hands-on techniques and **give and receive a two hour session**. You will be able to immediately integrate the information learned in these courses into your current practice and the courses may be taken in any order.

### **About the Presenter:**

**Gary Schwander, LMT** is approved by the National Certification Board for Therapeutic Massage and Bodywork as a continuing education provider #294961.

Gary has been practicing massage therapy since 1989 and teaching massage courses since 1992.

Gary has served as a member of the AMTA National Sports Massage Education Council, as an Athletes' Medical Services Massage Therapist during the 1996 Centennial Olympic Games and as a member of the 2002 Winter Olympics Sports Massage Team.

Gary has also worked in the NY Mets Rehabilitation Clinic in Port St. Lucie, Florida and currently teaches and practices in Spokane, WA.

Visit [www.GarySchwander.com](http://www.GarySchwander.com)

**Date: Sunday September 20<sup>th</sup>, 2020**

**Time: 9:00AM - 6:00PM**

**CEUs: 8 hours - Live  
Hands-on Course  
State of WA & ID**

**Fee: ONLY \$149.00!**

Completion of this course, along with future courses leads to

**Certification in the "Structural Release" form of Structural Integration.** Future courses will teach: The Chest, Hips, Lower Legs & Feet, Shoulders, Upper Legs, Low Back, Posterior Pelvis, Spine & Arms and Head, Neck & Face.

**To participate in this 8 hour Live Hands-on Course contact:  
Gary Schwander 509-998-0332 [sportsrub1@yahoo.com](mailto:sportsrub1@yahoo.com)**

**Class size is limited. A \$50.00 non-refundable deposit is required to secure your place in this class.**