Student Information Packet

SPRING START
2020-2021

505 East 24th Ave.  Spokane, WA 99203
Phone: (509) 230-2307
Email: rebecca@tcmassageschool.com
Website: www.tcmassageschool.com
PROGRAM TITLE & OBJECTIVE

Therapeutic Connections School of Massage offers a program titled:

“Professional Massage Therapist Program”

The objective of this program is to provide knowledge of the human body, hands-on massage skills and in-class experience to create a foundation for students to succeed as a professional, ethical and qualified massage practitioner.

Students will receive a diploma and become a “Certified Massage Therapist” at the end of this program.

After graduation, students will take the Massage and Bodywork Licensing Exam (MBLEx) offered through the Federation of State Massage Therapy Boards (FSMTB). Upon passing the exam, students will apply through the Department of Health to become licensed in the State of Washington.

Upon receiving the proper license from the state, the graduate will become a “Licensed Massage Therapist” and be eligible to use the abbreviation LMT behind their signature, i.e. Jane Doe, LMT.

PROGRAM DESCRIPTION

Provides training in:

- Practice and Theory of Massage: Hands-on Massage Trade – 2x/Week
- Therapeutic Massage Skills: Hands-on Massage Trade – 2x/Week
- Anatomy and Physiology: Musculoskeletal and Systems of the Human Body
- Pathologies: Musculoskeletal and Systems of the Human Body
- Kinesiology: Body movements, Body Mechanics, Assessment and Range of Motion
- Student Clinic: Practicing Massage Therapy in the Community

Includes different learning styles:

- Auditory, Visual, Kinesthetic, and Verbal

SCHOOL LICENSURE

- Workforce Training Board State Approved and Licensed
- Washington Department of Health State Approved
- Federation of State Massage Therapy Boards (FSMTB) Accepted
- Assigned School by the National Certification Board for Therapeutic Massage and BodyWork (NCBTMB)

SPRING SESSION 2020-2021
PROGRAM OPTIONS

Day or Evening Programs

750 Hour Program

11 Months | Four Sessions | 11 weeks/session

START, END AND GRADUATION DATES

First Official Day of Class
Start Date: Tuesday, February 18th, 2020

Official End Date
End Date: Thursday, February 11th, 2021

Graduation
Saturday, February 13th, 2021  12:30pm – 3:00pm

YEARLY SCHEDULE AND HOLIDAYS

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<th>SPRING SESSION (1)</th>
<th>SUMMER SESSION (2)</th>
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<td>February 18th, 2020 – May 7th, 2020</td>
<td>May 12th, 2020 – July 23rd, 2020</td>
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<td>Spring Break</td>
<td>Summer Break</td>
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<td>March 30, 2020 – April 3, 2020</td>
<td>July 26, 2020 – August 30th, 2020</td>
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<th>FALL SESSION (3)</th>
<th>WINTER SESSION (4)</th>
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<td>September 1st, 2020 – November 12th, 2020</td>
<td>November 17th, 2020 – February 11th, 2021</td>
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<tr>
<td>No Break</td>
<td>No School</td>
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<td>November 26, 2020</td>
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<td>Winter Break</td>
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<td>December 21st, 2020 – January 5th, 2021</td>
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Program Classes: DAY OPTION
*Classes are subject to change

Tuesday 8:30am – 11:00am
Structure and Function: The purpose of this course is to understand the structure and functions of the human body and how they relate to massage therapy, and to learn and evaluate different systemic Pathologies.

Tuesday 11:30am – 2:30pm
Practice and Theory Hands-on: The purpose of this course is to learn the professional and foundational skills for the direct application of massage therapy. Students will learn basic Swedish massage skills, client communication, assessment tools, and focus to Kinesiology.

Wednesday 8:30am – 11:30am
Massage Lab: The purpose of this course is to focus on kinesiology; movements related to the current muscles learned with an emphasis on common pathologies, deep tissue, injury treatment and range of motion.

Thursday 8:30am – 11:00am
Musculoskeletal: The purpose of this course is to identify and palpate the muscular, skeletal and joint systems, and to learn and evaluate different musculoskeletal Pathologies.

Thursday 11:30am – 2:30pm
Practice and Theory Hands-on: The purpose of this course is to learn the professional and foundational skills for the direct application of massage therapy. Students will learn basic Swedish massage skills, client communication, assessment tools, and focus to Kinesiology.

Thursday 2:30pm – 4:30pm (new students, first five weeks)
Introduction to Massage Class: The purpose of this course is for new students to learn the foundational skills and knowledge of massage therapy, and to facilitate a smooth transition of the new students into each of the classes with the current students.

PROFESSIONAL DEVELOPMENT

Friday 8:30am – 11:30am (2x/session)
Professional Development: The purpose of this course is to develop personal and professional skills to practice massage utilizing a current and effective business approach.

- Spring Session Workshop dates: March 20th, 2020 and April 17th, 2020
- Summer Session Workshop dates: June 12th, 2020 and July 10th, 2020
- Fall Session Workshop dates: October 2nd, 2020 and October 30th, 2020
- Winter Session Workshop dates: December 11th, 2020 and January 22nd, 2020

SPRING SESSION 2020-2021
Program Classes: EVENING OPTION
*Must have 5 students enrolled to create this class
*Classes are subject to change

Monday 5:30pm – 8:30pm (new students, first five weeks)
Introduction to Massage Class: The purpose of this course is for new students to learn the foundational skills and knowledge of massage therapy, and to facilitate a smooth transition of the new students into each of the classes with the current students.

Tuesday 5:30pm – 6:30pm
Structure and Function: The purpose of this course is to understand the structure and functions of the human body and how they relate to massage therapy, and to learn and evaluate different systemic Pathologies.

Tuesday 6:30pm – 9:30pm
Practice and Theory Hands-on: The purpose of this course is to learn the professional and foundational skills for the direct application of massage therapy. Students will learn basic Swedish massage skills, client communication, assessment tools, and focus to Kinesiology.

Wednesday 5:30pm – 9:30pm
Massage Lab: The purpose of this course is to focus on kinesiology; movements related to the current muscles learned with an emphasis on common pathologies, deep tissue, injury treatment and range of motion.

Thursday 5:30pm – 7:30pm
Musculoskeletal: The purpose of this course is to identify and palpate the muscular, skeletal and joint systems, and to learn and evaluate different musculoskeletal Pathologies.

Thursday 7:30pm – 9:30pm
Practice and Theory Hands-on: The purpose of this course is to learn the professional and foundational skills for the direct application of massage therapy. Students will learn basic Swedish massage skills, client communication, assessment tools, and focus to Kinesiology.

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SPRING SESSION 2020-2021
PROGRAM EVENTS, SCHOOL PROJECTS & INTRODUCTION CLASSES

Massage Events (outside of class): The purpose of massage events is to provide massage therapy to people of the community, to gather professional experience, and to learn important business skills. Massage events may include business on-site massage services, industry trade shows, and school events.

School Project (outside of class): The purpose of the school project is for students to receive two massages from two different licensed massage therapists and practice massage therapy on two clients per session, outside of the classroom.

Onsite and Guest Speakers:
- Human Anatomy Lab at WSU Medical School
- Introduction to Acupuncture
- Introduction to Chiropractic
- Introduction to Cupping
- Introduction to Thai Massage
- Introduction to Barefoot Massage
- Personal Injury Protections (PIP) Documentation and more!

PROGRAM STUDENT CLINICALS (Internship)

Wednesday  11:40am – 3:30pm (Fourth Session DAY Students)
Student Massage Clinic: The purpose of student clinic is for students to provide massage therapy to people of the community and to acquire professional experience.

Monday  5:30pm – 9:30pm (Fourth Session EVENING Students)
Student Massage Clinic: The purpose of student clinic is for students to provide massage therapy to people of the community and to acquire professional experience.

PROGRAM MAKE-UP HOURS AND/OR TUTORING

Monday  8:30am – 11:30am
Credit Retrieval: The purpose of this course is to retrieve credit hours when a student has missed more than three absences per class. *This is only required for students who need make-up hours.