



**Therapeutic Connections**  
SCHOOL of MASSAGE

# Student Information Packet

## SUMMER START 2019-2020

750 Hour Program

11 Months - Four Sessions

Two Schedule Program Options:  
Day **or** Day/Evening Classes

Four Session-Start Options  
(Summer, Fall, Winter and Spring)

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# Therapeutic Connections

SCHOOL of MASSAGE

## **Program Title & Objective**

Therapeutic Connections School of Massage offers a program titled:

### ***“Professional Massage Therapist Program”***

The objective of this program is to provide knowledge of the human body, hands-on massage skills and in-class experience to create a foundation for students to succeed as a professional, ethical and qualified massage practitioner.

Students will receive a diploma and become a “Certified Massage Therapist” at the end of this program.

After graduation, students will take the Massage and Bodywork Licensing Exam (MBLEx) offered through the Federation of State Massage Therapy Boards (FSMTB). Upon passing the exam, students will apply through the Department of Health to become licensed in the State of Washington.

Upon receiving the proper license from the state, the graduate will become a “Licensed Massage Therapist” and be eligible to use the abbreviation LMT behind their signature, i.e. Jane Doe, LMT.

## **Program Description**

The “Professional Massage Therapist Program” provides training in hands-on massage techniques, musculoskeletal applications, structure and function of the human body, business and pathology. It provides an educational environment designed for different learning styles. Students will experience auditory, visual, kinesthetic (hands-on) and verbal education. This elite program develops skills that prepare students for a career in the dynamic field of massage and bodywork.

## **School Licensure**

Therapeutic Connections School of Massage (TCSM) is an approved Washington State School by the Workforce Training Board and Washington Department of Health. TCSM is also an Assigned School by the National Certification Board for Therapeutic Massage and BodyWork (NCBTMB), allowing graduates to become Advanced Board Certified.



## Program Workshops

- **Introduction to Massage Workshop:** The purpose of this 2-day workshop is for new students to learn information regarding the school policies, rules and expectations. Students will learn the basics of all curriculum in each subject matter.
- **Introduction to Therapeutic Applications Workshop:** The purpose of this 1-day workshop is for students to learn the basic tools of deep tissue and therapeutic skills, and to apply that knowledge in the hands-on Therapeutic Applications Class.
- **Professional Development Workshops:** The purpose of this course is to develop personal and professional skills to practice massage with an ethical and proficient methodology in business.
- **Massage Events:** The purpose of massage events is to provide massage therapy to people of the community, to gather professional experience, and to learn important business skills. Massage events may include business on-site massage services, industry trade shows, and school events.
- **School Project:** The purpose of the school project is for students to receive massage(s) from a licensed massage therapist and practice massage therapy on clients outside of the classroom.
- **Credit Retrieval:** The purpose of this course is to retrieve credit hours when a student has missed more than three absences per class. \*This is only required for students who need make-up hours.



## Program Classes

- **Introduction to Massage Class:** The purpose of this course is for new students to learn the foundational skills and knowledge of massage therapy, and to facilitate a smooth transition of the new students into each of the classes with the current students.
- **Therapeutic Applications Class:** The purpose of this course is to learn deep tissue and therapeutic skills that focus on client care and injury treatment.
- **Practice and Theory Hands-on:** The purpose of this course is to learn the professional and foundational skills for the direct application of massage therapy. Students will learn basic Swedish skills, including assessment tools, with an emphasis on **Kinesiology**.
- **Musculoskeletal:** The purpose of this course is to identify and palpate the muscular, skeletal and joint systems, and to learn and evaluate different musculoskeletal **Pathologies**.
- **Structure and Function:** The purpose of this course is to understand the structure and functions of the human body and how they relate to massage therapy, and to learn and evaluate different systemic **Pathologies**.
- **Business and Body Assessment:** The purpose of this course is to learn, identify and apply ethical and professional business strategies through client communication, client assessment, common pathologies and professional organization.
- **Massage Lab:** The purpose of this course is to learn ethical industry and business practices, as well as learn kinesiology and musculoskeletal skills, and pathologies with a hands-on approach.
- **Student Massage Clinic:** The purpose of student clinic is for students to provide massage therapy to people of the community and to acquire professional experience.



**REQUIRED DATES**

**Introduction to Massage Workshop**

Friday, May 3<sup>rd</sup>, 2019 5:30pm – 9:00pm  
Saturday, May 4<sup>th</sup>, 2019 9:00am – 5:00pm

**First Official Day of Class and End Date**

*Start Date:* Tuesday, May 14<sup>th</sup>, 2019  
*End Date:* Thursday, May 7<sup>th</sup>, 2020

**Introduction to Therapeutic Applications Workshop**

Sunday, September 8<sup>th</sup>, 2019 11:00am – 4:30pm

**PROFESSIONAL DEVELOPMENT WORKSHOPS**

**Two (2) Fridays each Session: 8:30 am – 11:30 am**

**SUMMER Session Workshop dates**

June 14<sup>th</sup>  
July 12<sup>th</sup>

**FALL Session Workshop dates**

October 4<sup>th</sup>  
October 25<sup>th</sup>

**WINTER Session Workshop dates**

December 13<sup>th</sup>, 2019  
January 24<sup>th</sup>, 2020

**SPRING Session Workshop dates**

To be Announced

**GRADUATION**

May 9<sup>th</sup>, 2020 12:30pm – 3:00pm