



Therapeutic Connections
SCHOOL of MASSAGE

Student Information Packet

SPRING 2019-2020

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Program Title & Objective

Therapeutic Connections School of Massage offers a program titled:

“Professional Massage Therapist Program” 750 Hours

The objective of this program is to provide knowledge of the human body, hands-on massage skills and in-class experience to create a foundation for students to succeed as a professional, ethical and qualified massage practitioner.

Students will receive a “diploma” and become a “Certified Massage Therapist” at the end of this program.

After graduation, students will take the Massage and Bodywork Licensing Exam (MBLEx) offered through the Federation of State Massage Therapy Boards (FSMTB). Then students will apply through the Department of Health to become licensed in the State of Washington.

After receiving the proper license from the state, the graduate will become a “Licensed Massage Therapist” and be able to use the abbreviation LMT behind their signature. (i.e. Jane Doe, LMT)

Program Description

The “Professional Massage Therapist Program” provides training in hands-on massage techniques, musculoskeletal applications, structure and function of the human body, business and pathology. It provides an educational environment designed for different learning styles. Students will experience auditory, visual, kinesthetic (hands-on) and verbal education. This educational environment provides skills that prepare students for a career in the dynamic field of massage and bodywork.

School Licensure

Therapeutic Connections School of Massage (TCSM) is an approved Washington State School by the Workforce Training Board and Washington Department of Health. TCSM is also an Assigned School by the National Certification Board for Therapeutic Massage and BodyWork (NCBTMB), allowing graduates to become Board Certified.



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Program Workshops

- **Introduction to Massage Workshop:** The purpose of this 2-day workshop is for new students to learn information regarding the school policies, rules and expectations. Students will learn the basics of all curriculum in each subject matter.
- **Introduction to Therapeutic Applications Workshop:** The purpose of this 1-Day workshop is for students to learn the basic tools of deep tissue and therapeutic skills and to apply that knowledge in the hands-on Therapeutic Applications Class.
- **Professional Development Workshops:** The purpose of this course is to develop personal and professional skills to practice massage with an ethical and proficient methodology in business.
- **Massage Events:** The purpose of massage events is to provide massage therapy to people of the community, to gather professional experience, and to learn important business skills. Massage events may include business on-site massage services, industry trade shows, and school events.
- **School Project:** The purpose of the school project is for students to receive massage from a licensed massage therapist and practice massage therapy on clients outside of the classroom.
- **Credit Retrieval:** The purpose of this course is to retrieve credit hours when a student has missed more than three absences per class. *This is only required for students that need make-up hours.



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Program Classes

- **Introduction to Massage Class:** The purpose of this course is for new students to learn the foundational skills and knowledge of massage therapy and to immerse them into each of the classes with the current students.
- **Therapeutic Applications Class:** The purpose of this course is to learn deep tissue and therapeutic skills that focus on client care and injury treatment.
- **Practice and Theory Hands-on:** The purpose of this course is to learn the professional and foundational skills for the direct application of massage therapy. Students will learn basic Swedish skills, including assessment tools with an emphasis on **Kinesiology**.
- **Musculoskeletal:** The purpose of this course is to identify and palpate the muscular, skeletal and joint systems and to learn and evaluate different musculoskeletal **Pathologies**.
- **Structure and Function:** The purpose of this course is to understand the structures and functions of the human body and how they relate to massage therapy and to learn and evaluate different systemic **Pathologies**.
- **Business and Body Assessment:** The purpose of this course is to learn, identify and apply ethical and professional business strategies through client communication, client assessment, common pathologies and professional organization.
- **Massage Lab:** The purpose of this course is to learn ethical industry and business practices as well as learn kinesiology and musculoskeletal skills and pathologies with a hands-on approach.
- **Student Massage Clinic:** The purpose of student clinic is for students to provide massage therapy to people of the community and to gather professional experience



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Required Dates

Introduction to Massage Workshop

Friday, February 8th, 2019 5:30pm – 9:00pm

Saturday, February 9th, 2019 9:00am – 5:00pm

First Official Day of Class and End Date

Start Date: February 19th, 2019 End date: February 13th, 2020

Introduction to Therapeutic Applications Workshop

Friday, May 10th, 2019: 11:00am – 4:30pm

Professional Development Workshops

Fridays: 8:30 am – 11:30 am

March 22nd and April 19th, 2019:

June 14th and July 12th, 2019:

October 4th and October 25th, 2019:

December 13th, 2019 and January 24th, 2020:

Graduation

February 15th, 2020: 12:30pm – 3:00pm



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Day Workshops & Classes Option One

SPRING SESSION (1) February 19th, 2019 – May 9th, 2019

Holidays

Spring Break: April 1, 2019 – April 5, 2019

DAY	CLASS	TIME
Tuesday	Structure and Function Business and Body Assessment Practice and Theory Hands-on	8:30 am – 10:20 am 10:30 am – 11:30 am 12:00 pm – 2:20 pm
Wednesday	Massage Lab	8:30 am – 11:30 am
Thursday	Musculoskeletal Practice and Theory Hands-on Introduction to Massage	9:40 am – 11:30 am 12:00 pm – 2:20 pm 2:30 pm – 4:30 pm

SUMMER SESSION (2) May 14th, 2019 – July 25th, 2019

Holiday

Fourth of July: July 4, 2019
Summer Break: July 26, 2019 – September 2, 2019

DAY	CLASS	TIME
Thursday	Therapeutic Applications	8:30 am – 9:30 am
	Complete: Introduction to Massage	2:30 pm – 4:30 pm

*Please note that ALL regular classes stay the same, except for the above listed



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SPRING SESSION 2019-2020

Day Workshops & Classes Option One

FALL SESSION (3)
September 3rd, 2019 – November 14th, 2019

*Please note that ALL regular classes stay the same.

WINTER SESSION (4)
November 19th, 2019 – February 13th, 2020

Holiday

Thanksgiving: November 28, 2019
Winter Break: December 22, 2019 – January 6, 2020

DAY	CLASS	TIME
Wednesday	Student Massage Clinic	11:30 am – 3:30 pm

*Please note that ALL regular classes stay the same, except for the above listed class.

ALL SESSIONS

DAY	CLASS	TIME
Monday	Credit Retrieval (only required for make-up hours - by appointment only)	5:30 pm – 8:30 pm
Friday	Professional Development (Check Workshop Dates)	8:30 am – 11:30 am
Saturday	Massage Events	To be Announced
Sunday	Massage Events	To be Announced

**The session class schedule is subject to change.*



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SPRING SESSION 2019-2020

Day/Evening - Workshops and Classes Option Two

SPRING SESSION (1) February 19th, 2019 – May 9th, 2019

Holiday

Spring Break: April 1, 2019 – April 5, 2019

DAY	CLASS	TIME
Tuesday (Day)	Structure and Function	8:30 am – 10:20 am
	Business and Body Assessment	10:30 am – 11:30 am
Tuesday (Eve)	Massage Lab	5:30 pm – 8:30 pm
Wednesday (Eve)	Musculoskeletal	5:30 pm – 7:20 pm
	Practice and Theory Hands-on	7:30 pm – 9:30 pm
Thursday (Eve)	Introduction to Massage	2:30 pm – 4:30 pm
	Practice and Theory Hands-on	5:30 pm – 7:50 pm

SUMMER SESSION (2) May 14th, 2019 – July 25th, 2019

Holiday

Fourth of July: July 4, 2019
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	Complete: Introduction to Massage	2:30 pm – 4:30 pm

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